



MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist Churches

13th Sunday in Ordinary Time – 28th June 2020



Dear Friends,

Greetings and good health. As we mentioned last week the limits for Mass attendance will be eliminated from 1st July 2020. We are happy to advise that while social distancing is still necessary, we should be able to accommodate all those wishing to come to Mass including families. Families living together can sit together. We are also looking forward to having live music at most of our Sunday Masses.

After the school holidays we are planning for Class Masses, School Family Masses and the First Holy Communion Sacramental Program which

will be home based as well as attending Sunday Mass.

We are very grateful for everyone's understanding and cooperation during these unusual and difficult times. We encourage you to continue in a spirit of mutual hospitality.

Today's gospel also reflects on the virtue of hospitality. To be an authentic disciple of Jesus means accepting that there may be misunderstanding and conflict because we hold true to our faith in Jesus Christ and his teachings in the Good News. Sometimes these misunderstandings can occur in families. To be an authentic disciple of Jesus means taking on the often-unpopular role of prophet for the sake of the kingdom and *welcoming and supporting* other disciples who do the work of the gospel.

God calls each of us to the work of the *prophet*: to proclaim his presence among his people. Some are called to be witnesses of God's justice in the midst of profound evil and hatred; others are called to be witnesses to his hope and grace to those in pain and anguish; and many share in the work of the prophet/witness by enabling others to be effective witnesses and ministers of God's love.

May God bless you and your families and keep you safe. Fr David and Fr Paul



Pope Francis Prayer Intention for June - The Way of the Heart

We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

LIVE STREAMING OF MASS

Facebook– [manlyfreshwaterparish](#)

Youtube – access through playlist

Saturday 5pm Mass

Saturday 6pm Mass.

Parish Priest: Fr David Taylor
Assistant Priest: Fr Paul Kim
Parish Secretaries: Jenny Beninati & Paula Martin
Pastoral Coordinator: Michelle Ellis

Mary Immaculate Church
 6 Raglan St, Manly NSW 2095

St John the Baptist Church
 cnr Johnson & Oliver St,
 Freshwater NSW 2096

Administration Office: 9977 5822 (Parish Office)
 manlyfreshwaterparish@bbcatholic.org.au

www.bbcatholic.org.au/manlyfreshwater

Presbytery: 9977 2100

After Hours Urgent Sick Calls: 0499 910 010

Weekend Masses:

Manly: Saturday Vigil 6:00pm

Sunday 8:30am, 10:30am, 6:00pm

Freshwater: Saturday Vigil 5:00pm

Sunday 9am

Weekday Masses:

Manly: Tuesday – Friday 9:15am

Freshwater: Tuesday – Friday 9:15am

Baptisms: by appointment only

Manly 4th Sunday of the month

Freshwater 2nd Sunday of month

Reconciliation: Manly Sat 10am – 11am

Parish Pastoral Council: Paul Pervan (Chair), Ian Press (Deputy Chair), Margaret Dent (Secretary), Ivica Covic; Laurie de Ambrosis; Joanne Druery; Robert Marshall; Michael McGrath

St Mary's Primary School 9977 2225 Principal: Paul McGuire

St John the Baptist Primary School 9939 6699 Principal: Judy Slattery

St Paul's Catholic College 9977 5111 Principal: Chris Browne

Stella Maris College 9977 5144 Principal: Elizabeth Carnegie



Home Delivery – If you know someone who would like a bulletin delivered please call the Parish Office on 9977 5822.

PARISH SOCIAL MEDIA

Parish facebook:

facebook.com/manlyfreshwaterparish

YouTube: Manlyfreshwaterparish

Or bit.ly/2EIGEu7 or frpaulkim

(one word with no space). You can view the YouTube videos thru the parish facebook, click on the link

Parish website:

bbcatholic.org.au/manlyfreshwater

Visiting sick at home - If you, or if you know of anyone who are unwell and would like a home visit please contact the parish office 9977 5822 to organise for Communion or Anointing.

Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our community



St Vincent de Paul Notice during COVID-19 lockdown

For assistance with food, clothing or other emergencies please call St Vincent de Paul Northern Beaches Regional Office 9905 0424.

If you would like to donate nonperishable food, it can be dropped off at 684 Pittwater Road, Brookvale– rear entrance (off the carpark)

If you wish to donate clothing it will be accepted at the SVDP Shop Brookvale, Rogers Street, between 9am – 3pm.



EUCCHARISTIC ADORATION is held at Manly Church on Wednesdays from 6pm with Divine Mercy Hour held from 7:00pm – 800pm. To assist us on Wednesdays and present before the Blessed Sacrament, a Guard of Honour Roster has been placed on the notice board. We invite you to place your name in a time slot which suits you.

June/July 2020

Year A

Mon 29/6 – Sts Peter and Paul

Acts 12:1-11; 2 Tim 4:6-8;17-18; Mt 16:13-19

Tue 30/6 – 13th week in Ord Time Amos 3:1-8,4:11-12; Mt 8:23-27

Wed 1/7 – 13th week in Ord Time Amos 5:14-15,21-24; Mt 8:28-34

Thurs 2/7 – 13th week in Ord Time Amos 7:10-17; Mt 9:1-8

Fri 3/7 – St Thomas Eph 2:19-22; Jn 20:24-29

Sat 4/7 – 13th week in Ord Time Amos 9:11-15; Mt 9:14-17

Sun 5/7 – 14th Sunday in Ordinary Time

Zech 9:9-10; Rom 8:9,11-13; Mt 11:25-30

LET US PRAY FOR

28th June 2020

Recently Deceased: Wilhelmus Toam; Norman Cummins; Tess Hardman; Annika Ferry

Anniversary: Loreta C Pauig; Thomas Robson; Ante Strinic; Graham Dinning; Gavan Duffy

Prayers for the sick in our parish: Eugenia Cavazzoni, Gavin Greenwood, Zacchaeus Emmanuel Joseph Ratnam; Mark Taylor; Kay Flenady; Leon Cochrane; Robina Dwyer; Prionsias Kearney; Brian Davies; Majella McLoughlin; Debbie Vernon; Desmond Connors; Lauren Hannahan; Rosalba Galuis; Vanessa Squirrel; Judith McKenzie; Jonathan Keil; Les Reilly; Wayne Smedley; Margaret Burrige; John Beninati; Jill Carmichael; Maurie Fowler; Stephen Robertson; Richard & Cynthia Connolly; Maureen Williams



Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.



If you are feeling unwell please do not come into the Church.



Parish Collections and Donations

Changes from July 1st: From July 1st there will no longer be a limit to how many people can gather in Churches and other indoor venues. We will be implementing the Government requirement of 4sqm social distancing.

For Sunday and vigil Masses we will be preparing an ongoing list for those who regularly attend a specific Mass. If you wish to go onto this list to attend a particular weekend Mass each week please call into the Parish Office or phone 9977 5822 or email manlyfreshwaterparish@bbcatholic.org.au.

A Welcomer at the Mass will mark off your name. If you are not on the list the Welcomer will take your name and contact details. This will continue as long as the government requires us to collect contact tracing information.

Please observe the following Guidelines.

If you are attending Mass at Manly or Freshwater we ask that you kindly observe the following guidelines:

PLEASE KEEP 4sqm APART FOR SOCIAL DISTANCING



PLEASE SANITISE YOUR HANDS ON ARRIVAL & DEPARTURE



PLEASE SIGN THE CHURCH VISITATION SHEET



PLEASE SIT ONLY ON THE GREEN DOT (FAMILIES MAY SIT TOGETHER)



Online Mass will continue to be streamed each weekend. Details can be found on the front page.

PRIVATE PRAYER Churches will be open for private prayer. Parishioners and visitors are asked to 'sign in' each time they visit on the sheet provided or advise the Parish Office. Please follow social distancing rules, and use hand sanitiser on arrival and departure.

Firstly, a VERY BIG THANK YOU to all of you who have continued to support the Parish financially.

One of the health restrictions on our re-opened Churches is that we no longer use collection plates during Mass.

To help you to make your offering you can use one of the following options:



1. Use the **tap and go machines** at the Church entrance
or
2. Place envelopes and cash in the **collection plates** (1st collection and 2nd collection) at the Church entrances.
or
3. Continue to use direct debit with your **credit cards**
or
4. Making **deposits directly into the Parish 1st and 2nd collection accounts** (details in the bulletin).

Thank you for your generous support of our Parish.



Parish Bank Account – 2nd collection funds the running of the Parish

Acc Name: Manly Freshwater Parish

Bank Name: Commonwealth Bank

Acc# 13958001

BSB: 062 784

Please include your name as reference or envelope number

Parish Bank Account – 1st collection Support of our Priests

Acc Name: Manly Freshwater Parish Pastoral

Bank Name: Commonwealth Bank

Acc# 13958002

BSB: 062 784

Your regular donation will give the parish a reliable income so that we can be here to support people who are in need right now, and to be ready for you when we can worship and celebrate the Liturgy again together.



NEW PLANNED GIVING

ENVELOPES for 2020-2021 are ready for collection at both Churches.

The boxes of envelopes are in alphabetical order. If you wish to change your donation from **Envelopes to a Direct Debit** please contact the Parish Office on 9977 5822.



Greeters at the Weekend Masses

It is wonderful that we can come together again to celebrate Mass together. To ensure that we cover the Governments requirements regarding collection of information of those attending Mass we need a team of "Welcomers" to be rostered at each Mass to greet and mark off registered parishioners. Please contact the Parish Office on 9977 5822 for more information



CHARITABLE WORKS FUND

Thank you for all those who have contributed to the CWF Appeal. **Our shortfall for this financial year is \$4,000.00 Donations \$2 and over are tax-deductible.** Click on this link to give to CWF www.givenow.com.au/cwf or deposit into our account

Acc Name: Manly Freshwater Parish

Bank Name: Commonwealth Bank

Acc# 1395800 BSB: 062 784 Please include your name and CWF as the reference

GROUPS MEETING AGAIN

Our Meeting rooms are now able to be used again, with strict guidelines from the Government. Please contact the Parish Office if your group wishes to resume meetings.

Each person in your meeting, must sign in with name and phone number, as per Government requirements. Only 10 people are permitted to attend.



Craft Group meets each week on Tuesday mornings from 10am to 12noon in the Parish Center. We invite you to come along for a cuppa and a chat in a friendly relaxed environment. Bring along your knitting or other craft if you wish.



Lectio Divina Read his story in the Gospels. Spend time with him. Listen to what he says. Lectio Divina groups meets Tuesday 7.30pm in the Parish Room and Wednesday mornings at 10am in the Parish Centre.



CHRISTIAN MEDITATION Anyone interested in this form of silent prayer is most welcome to attend. We meet each Monday at 6pm in the Parish Centre. Enq: Hazel Cottee 0402 052 088
"Be still and know that I am God" (Psalm 46: vs 10)

MINISTRY ROSTERS We will be preparing a Ministry Roster for the coming weekends. If you are a Reader or Senior Sever and are available please contact the Parish Office on 9977 5822.



The Mass is streamed live each Week here are some suggestions on how to watch the Mass online in a spiritual and fruitful way:

- Prepare yourself and take time out of your Saturday night or Sunday to watch the Mass.
- Create a prayer space:
 - Include symbols such as a Cross, Rosary beads, a Bible or even flowers; Light a candle;
 - Foster an atmosphere that allows for reflection, praise, thanksgiving and intercession.
- Be fully present and participate in the Mass as much as possible
 - Make the Sign of the Cross; Sit down, stand & kneel at the appropriate times;
 - Join in the responses as you would normally;
 - Read the Readings for the Mass;
 - Sing hymns and songs;
 - Recite the prayer for spiritual communion.
 - Remain in silence and reflect prayerfully



EUCCHARISTIC ADORATION AND DIVINE MERCY HOLY HOUR

will recommence at Manly this Wednesday 1 July at 6pm with Divine Mercy Hour from 7pm to 8pm

PIETY STORE MANLY

LIVING FAITH BOOKS NOW AVAILABLE

\$6ea



Movie of the month – July

Faustina – The Apostle of Divine Mercy

This award-winning Polish movie is a beautiful representation of the mystical life of St. Maria Faustina. This is truly a Saint for "our times". Only \$10 @ the piety store or through the Parish Office.

CD of the month – Did Jesus rise from the dead?

Raymond de Souza Many people think to believe in the resurrection is irrational. This talk proves the resurrection is built on logic and reason and not just "faith". Only \$5 @ the piety store.

If you would like to purchase any items please call into the **Parish Office** during working hours. The Piety Store has a wide range of goods including Bibles, Divine Mercy items, rosaries, CD's and much more

REFLECTION In this week's readings we hear about the choices that have to be made in living a life in Christ, as well as of God's generosity to anyone who welcomes a prophet or disciple.

This is illustrated in the **First Reading**, where God rewards the repeated kindnesses of a childless couple towards the prophet Elisha with the gift of a child.

The **Psalm** is full of praise for the Lord, expressing the psalmist's joy and trust in the Lord's everlasting love and faithfulness.

In the **Second Reading**, St Paul emphasizes that in baptism we are dying to our old self, to sin, and moving into a new life lived in Christ.

The **Gospel** sees Jesus continuing to instruct the disciples in their mission, telling them of the demands in following his way. But he also assures them of God's great generosity– both to them and also to anyone who welcomes them. In doing so, they are welcoming Jesus himself, and even the smallest kindness will be rewarded.

This week, perhaps I might pray for the grace to follow Christ more nearly, to see him more clearly, and to love him more dearly as I welcome him in others. *Pathways to God 200*

THE CATHOLIC WEEKLY

Now available to everyone online at www.catholicweekly.com.au

SAINT VINCENT de PAUL SOCIETY WINTER APPEAL 2020

Vinnies changes lives everyday.

Show your support and give to our annual appeal

Dear parishioners, in launching this appeal, we are very much aware of *the financial and other effects of COVID19 on you and your families. The limiting of attendance at Mass is particularly sad. However, our SVdP work continues regardless!*

Once again, we are asking you to help us with a donation. **If you are able.**

When the Pandemic has eased and the extra government payments have ceased, charities such as ours are expecting increased demands. In addition, we are aware of people missing out on government assistance as they fall outside the Government safety net, particularly students and casuals. The impact on those people is expected to increase demand as well. These factors, together with the "normal" winter demand on our services could be challenging! You can donate either directly to the Appeal through a bank transfer to Commonwealth Bank BSB 062-140 Account number 10800670 and enter Manly or Freshwater on the reference line.

If you are making a transfer through a ATM the same account number and BSB are to be used. When using an ATM, you will need to enter an agency number. The **Manly agency is 551** while the **Freshwater agency number 550**.

Alternatively, you can use a **donation envelope** available from your church or the parish office. These envelopes can be left at the parish office or by handing them to Fr David or Fr Paul. Finally, for those interested in a bargain or a donation of goods. The shop at 22 Roger Street Brookvale has reopened from 10am to 4pm, seven days each week. The Balgowlah and Manly shops remain closed just at present.

Mick O'Farrell (Freshwater Conference) and Bruce Whittet JP (Manly Conference)

Vinnies Winter Appeal



- Strength and support**
Your support helps dedicated volunteers to work with people living in poverty, and provide assistance when life is tough.
- Clothing and essentials**
Together we can provide basic essentials such as blankets, clothes and toiletries to resolve dignity in times of need.
- Food in tough times**
Your donation can provide money for groceries, reducing hunger and removing a major stress for families.
- Help when bills are due**
You can help us provide financial support with household expenses to families who are struggling to make ends meet.
- A place to rest and recoup**
Your donation enables us to help people like Jenny and her family find a safe place to sleep when they have nowhere else to go.

LIVES CAN CHANGE WHEN YOU CHOOSE TO HELP. PLEASE MAKE A DONATION TODAY.



Most Rev Anthony Randazzo
Bishop of Broken Bay

16 June 2020

My dear sisters and brothers in Christ,

Since my appointment as Bishop of Broken Bay, I have tried to engender a spirit of generosity and enthusiasm for the mission of the Church. I do so, because the community of the Church is an evangeliser, and to evangelise we must be generous and enthusiastic for the Lord.

We begin by being evangelised ourselves. As Pope Saint Paul VI taught, the Church "is the community of believers, the community of hope lived and communicated, the community of brotherly love, and she needs to listen unceasingly to what she must believe, to her reasons for hoping, to the new commandment of love" (cf *Evangelii Nuntiandi* 15).

To engage faithfully in our mission, we must be led, by the power of the Holy Spirit, to conversion, renewal and reform, so that the One, Holy, Catholic, and Apostolic Church will be recognised, known, and loved as the living Body of Christ.

Throughout our Diocese of Broken Bay, hundreds of women and men generously and enthusiastically carry out their mission on a weekly basis as catechists. Their participation in this mission is not to be underestimated. These women and men of

faith are called and commissioned to be spiritual guides, teachers of the faith, and leaders in the community. They work with the priests and deacons of the Church. Under my episcopal oversight and care, they are engaged in the mission of evangelisation and catechesis – which is first and foremost a work of faith.

This week I would like to acknowledge the marvellous work that our catechists do by proclaiming the Good News of Jesus Christ. Their students in the faith see Christ in them. In many instances, our catechists are the first proclamation of the Good News in the lives of their students. Their support of parents and carers strengthens the family and the community. Others believe and hold to the teachings of Christ because of what our catechists teach by word and deed.

As the public school system reopens to our catechists, I would ask that you keep them in your prayers, especially in this COVID environment. The work of evangelisation and catechesis is one that belongs to every member of the community of the Church. It can be a daunting thought for some, who might not think that they are "qualified" to teach the faith. Our catechists know how to overcome many obstacles to evangelisation. The starting point is not a book; rather it is a living relationship with Jesus Christ. He is the Good News. Accepting him into our lives as Lord and Saviour is the first work of being evangelised.

Thank you to our catechists for leading the way.

Blessings of grace and peace for the week ahead,

+Anthony

MINISTRY ROSTER – JULY 2020 – MANLY

Mass Times	Ministry	Week 1 4th – 5th July	Week 2 11th – 12th July	Week 3 18th – 19th July	Week 4 25th – 26th July
		14th Sun Ordinary Time	15th Sun Ordinary Time	16th Sun Ordinary Time	17th Sun Ordinary Time
6pm Vigil Mass	Snr Server	Freya Zemek	TBC	Louise Wareham	Freya Zemek
	Readers	Rita Bruzzese	Jean Halcrow	Rita Bruzzese Jean Halcrow	Bill Tango
	Music	CD's	CD's	CD'S	CD'S
	AV Screens	Peter Simpson	Peter Simpson	Peter Simpson	Peter Simpson
	Welcomers	John & Merle Zemek Assistance Required	John & Merle Zemek Assistance Required	John & Merle Zemek Assistance Required	John & Merle Zemek Assistance Required
	Flowers	Louise Wareham	Hazel Cottee Carole O'Donnell	Merle Zemek	Liz de Ambrosis
8:30am Mass	Snr Server	TBC	Louise Wareham	TBC	Louise Wareham
	Readers	Jan Van Den Broek	Rita Bruzzese	Patty Thomas	Patty Thomas
	Music	Robert & Gina Marshall Organist	Robert & Gina Marshall Organist	Robert & Gina Marshall Organist	Robert & Gina Marshall Organist
	AV Screens	Robert Marshall	Robert Marshall	Robert Marshall	Robert Marshall
	Welcomers	Veronica Renaud Julie Spencer	Veronica Renaud Assistance Required	Veronica Renaud Assistance Required	Veronica Renaud Assistance Required
10:30am Mass	Snr Server	Louise Wareham	Ron Gravolin	Ron Gravolin	Ron Gravolin
	Readers	Jean Halcrow	Jane Fonua Rita Bruzzese	Jane Fonua Carmel Lawler	Rita Bruzzese Carmel Lawler
	Music	TBC	TBC	TBC	TBC
	AV Screens	TBC	TBC	TBC	TBC
	Welcomers	Paul & Nicola Pervan Anne Gregan Assistance Required	Michael & Kim McGrath Paul & Nicola Pervan	Anne Gregan Assistance Required	Assistance Required
6pm Mass	Server	Ivana Covic	Ivana Covic Kieran & Michael Wan	Ivica Covic	Ivica Covic
	Readers	Ed Copeman Paul Novak	Sandie Cornish Dean Gale	Ed Copeman Paul Novak	Dean Gale Sandie Cornish
	Music	Simon & Youth	Josh Willard	Simon & Youth	Simon & Youth
	AV Screens	Bill Tango	Bill Tango	Bill Tango	
	Welcomers	TBC	Marianna Gale Assistance Required	Hanaut Family Assistance Required	Marianna Gale Assistance Required

MINISTRY ROSTER – JULY 2020 – FRESHWATER

	Ministry	Week 1 4th – 5th July	Week 2 11th – 12th July	Week 3 18th – 19th July	Week 4 25th – 26th July
		14th Sun Ordinary Time	15th Sun Ordinary Time	16th Sun Ordinary Time	17th Sun Ordinary Time
9am Mass 5pm Vigil	Snr Server	Ian Press	Mick O'Farrell	Lou Maruca	Ian Press
	Readers	Amanda Whitfield	Assistance Required	Amanda Whitfield	Amanda Whitfield
	Music	CD's	CD's	CD's	CD's
	AV Screens	TBC	TBC	TBC	TBC
	Welcomers	Amanda Whitfield	Assistance Required	Amanda Whitfield	Amanda Whitfield
	Snr Server	Lou Maruca	Joanne Druery	Francis Raymond	Joanne Druery
	Readers	Luke Campbell Patricia Brown	Toni Walsh Patricia Brown	Pam Brown	Assistance Required
	Music	Pat Brown	Pat Brown	Pat Brown	Pat Brown
	AV Screens	Margie Gruca	Margie Gruca	Margie Gruca	Margie Gruca
	Altar Society	Maria Harkness	Lyn Hillard	Jacqui Good Mary Arcus	Patricia & Solo Brown
	Welcomers	Assistance Required	Assistance Required	Assistance Required	Assistance Required

If you would like to take part in one of these ministries, please contact the parish office

13th Sunday in Ordinary Time – 28th June 2020

First Reading *2 Kings 4:8-11, 14-16 (JB)*

A reading from the second book of the Kings

That is the holy man of God, let him remain there.

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. Let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.'

One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked. Gehazi (his servant) answered, 'Well, she has no son and her husband is old.' Elisha said, 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.'

The word of the Lord. **All: Thanks be to God.**

Responsorial Psalm *Ps 88:2-3, 16-19 (JB)*

R. For ever I will sing the goodness of the Lord.

I will sing for ever of your love, O Lord; through all ages my mouth will proclaim your truth. Of this I am sure, that your love lasts for ever, that your truth is firmly established as the heavens. R.

Happy the people who acclaim such a king, who walk, O Lord, in the light of your face, who find their joy every day in your name, who make your justice the source of their bliss. R.

For it is you, O Lord, who are the glory of their strength; it is by your favour that our might is exalted: for our ruler is in the keeping of the Lord; our king in the keeping of the Holy One of Israel. R.

Second Reading *Romans 6:3-4, 8-11 (JB)*

A reading from the letter of St Paul to the Romans

Having been buried with him through baptism, we shall walk in a new life.

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was

raised from the dead by the Father's glory, we too might live a new life.

But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

The word of the Lord. **All: Thanks be to God.**

Gospel Acclamation *1 Peter 2:9 (JB)*

Alleluia, alleluia!

You are a chosen race, a royal priesthood, a holy people. Praise God who called you out of darkness and into his marvellous light.

Alleluia!

Gospel *Matthew 10:37-42 (JB)*

A reading from the holy Gospel according to Matthew

Anyone who does not accept his cross is not worthy of me. Anyone who welcomes you, welcomes me.

Jesus instructed the Twelve as follows: 'Anyone who prefers father or mother to me is not worthy of me. Anyone who prefers son or daughter to me is not worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.

'Anyone who welcomes you welcomes me; and those who welcome me welcome the one who sent me.

'Anyone who welcomes a prophet because he is a prophet will have a prophet's reward; and anyone who welcomes a holy man because he is a holy man will have a holy man's reward.

'If anyone gives so much as a cup of cold water to one of these little ones because he is a disciple, then I tell you solemnly, he will most certainly not lose his reward.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

If you are feeling unwell please do not come into the Church.

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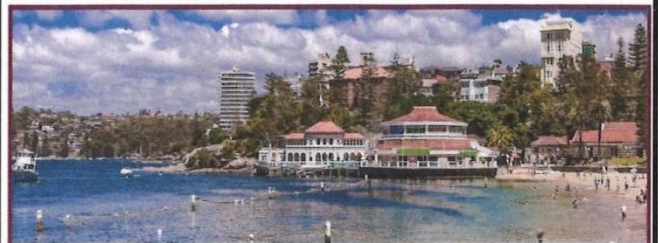
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